

**FOR IMMEDIATE RELEASE**

**FOR MORE INFORMATION CONTACT**

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**September events planned for Sagamore West Farmers Market**

West Lafayette, Ind. – August 13, 2008 – Activities at the Sagamore West Farmers Market, held from 3 to 6:30 p.m. every Wednesday at Cumberland Park in West Lafayette, continue throughout September. They include:

- September 3, the Bloodmobile will be at the market taking donations; and from 3 to 5:30 p.m., Donetta Martin-Fisher, family nutrition program coordinator for Tippecanoe County, will distribute free information on healthy eating, nutrition and the food pyramid.
- September 10, Nick Schenkel from the West Lafayette Public Library will present a children's storytime.
- September 17, culinary expert Amy French will give a grilling demonstration, free samples and recipes from 3 to 5 p.m.
- September 24, West Lafayette Mayor John Dennis will be at the market to meet with residents, and Carmen Jackson from the Coalition for Living Well After 50 will be at the market to distribute information and answer questions.

Each week the market features just-picked produce and fruits. Other items include applesauce, kettle corn, frozen meats, cage-free chicken eggs, baked goods, canned goods, cheeses and peanut brittle. Vendors also sell home and garden artwork, silk floral arrangements, jewelry, handmade greeting cards, and knitted and crocheted items. Vendors come from Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Wabash and White counties.

This year's "Green and Lean" market is supported by a \$38,000 grant from the U.S. Department of Agriculture.

Sagamore West Farmers Market is sponsored by West Lafayette Parks and Recreation and the Sagamore West Area Business Alliance.

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